

Sacred Space...

is a place that the real me can be still and... real.
Where is my place of Sacred Space and what would
I like to do there?



A Little Something To Know...

We often think of sacred space as a church or far away, holy ground. However, sacred space can be anywhere you can take a breath, take a moment and be still. Sacred space is that place where you can be "me" - the real me.

You know that space where you don't have to edit yourself or explain yourself. Sometime sacred space isn't a place at all but a space in your heart that leaves a calm spot in your mind.

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