

The Inscribed Circle Of Perspective

Perspective truly is everything. It's how we see our world and our relationship with everyone in it. It's also where we find our place to stand in what we've created. Perspective is how we perceive ourselves and our place in every situation that comes across our path.

That sounds solid and true, but also a little airy and fairy, all at the same time. But it's the explanation for why conflicts, disagreements, and misunderstandings happen. We see something one way, while our other playmates see it in another way.

The good news is that you are a unique and empowered child of light. There is no one else on this earth quite like you. The more complicated news is that no one else has processed your life experiences as you did.

No one else can see things the way you do. Unfortunately, that also means that no one creates thought exactly as you do in the easy-bake oven of your brain.

©2025 enchantedperspectives.com

Everyone has their own perspective about...everything. We can empathize and sympathize. We can find "like-minded" people who harmonize with our perspective. But no one can see anything exactly like you see it. Go to any family gathering, and you quickly realize that we don't even remember past events in the same way. Why? Because everyone saw them from their own perspective.

If you're like most people, you strive to do everything in your power to avoid conflict, disagreements, and misunderstandings. But how do you avoid those things when everyone is literally living in a different reality from their unique and personal perspective? A unicorn and a mermaid can fall in love, but where the hell are they going to live together?

It begins with untangling oneself from the braided rope of conflict, disagreements, and misunderstandings that come from multiple perspectives. The best way to do that is to get it out of your head and out on paper, like long division or an algebra problem.

This time, you aren't "solving for X". You're solving for a solution to the highest good you can find for all involved. If your ego is in play, you strive to be "Right", but in the highest aspect of who we are, we are all looking for "Solution".

Now and then, someone will say, "But I do want to be RIGHT!" The simple question is, "Do you want to be right or do you want to be happy?" "Right" means you had to make someone, "Wrong." Write this down somewhere. "You will never change anyone's mind by making them wrong". You might get them to cower and go along or be pissed and walk away, but you haven't changed or healed anything.

We have a tool that helps you rise above the chessboard. When you are down on the board with the pawns and the bishops, you can't see anything but your position in the game. You only see the immediate threats to your Queen. The magic happens when you can get a bird's eye view, looking down at all the pieces, all the possibilities, and get a glimpse of the other player's perspective.

©2025 enchantedperspectives.com

It's a view of the trees that you can't get when you are at ground level with the roots. Our tool offers an additional perspective to help you identify the solution to the problem. In other words, it's a healed perspective for when everyone's take on what's happening is just wadded up spit balls that we throw at each other...ick!

The Inscribed Circle of Perspective

We created The Inscribed Circle Of Perspective to give you that bird's eye view of any situation. It builds on a concept in Neuro-Linguistic Programming that works with three sides of perspective. Then we expanded past that to where your true self and true intentions live.

First, let's start with the shape of this tool. In Sacred Geometry, the center triangle represents harmony and balance. The circle represents unity and a sense of wholeness. If you've been to a wedding lately, it also represents eternity.

When you combine the two, there is a representation of the balance required to create harmony between opposing forces. This is why you see the symbol used in several groups and organizations, such as Alcoholics Anonymous and the Civil Defense.

Other meanings recognized in the shapes are strength and hope, the union between mind and body, making amends, change, and rebirth. The Inscribed Circle Of Perspective can be used for all those things. Let's get started on how to use this simple yet powerful tool.

The Inscribed Circle of Perspective-Step #1: Define The Situation.

Do this with as few words as possible. Be direct and concise, without a lengthy backstory. An Example would be "Joe and I argued about whose parents' house we would go to for Christmas". We can't find a solution that works for both of us." On this step, none of the details matter. Just at its simplest, what is the situation?

©2025 enchantedperspectives.com

The Inscribed Circle of Perspective-Step #2: My Perspective.

On the left side of the triangle, you will state your point of view in as few words as possible. Yeah, maybe it was a long argument, but when it was all said and done, where do you stand? What is your perspective?

Example: My mother isn't doing well. I'm worried, and I need time with her. What if this were her last Christmas? Being with her will be good for both of us.

The Inscribed Circle of Perspective-Step #3: Their Perspective.

This one is going to take some deep breaths and some insight, but we have faith in you. On the right side, you don't just want to write what their side of the argument is. You want to close your eyes and pretend; picture yourself as the other person. Try to see if you can be them for just a moment and think from their perspective, from their space, to stand in their world.

Example: Joe feels bad. He hasn't visited his parents much and feels like a bad person. He misses his parents and needs to redeem his identity as a good son.

**The Inscribed Circle of Perspective-Step #4:
The Imagined Third Wise and Neutral Party Perspective.**

This step takes some imagination, too. Think of someone you respect and consider a voice of reason. Don't worry. If you don't know anyone like that, use someone out of a book or a movie. It can be Mr. Rogers or Matlock if need be. If Judge Judy is more your style, go with that.

©2025 enchantedperspectives.com

You can also imagine it's someone else's problem. Most of us are very wise when it comes to someone else's problems in someone else's life. Imagine what your thoughts would be about this if you had no horse in the race.

From that imagined third-party perspective, you would see things very differently. You would also have some suggestions for what needs to happen when you have no preference for what happens. You are simply seeking a kind and gentle solution to your friend's problem.

Example: What if you split it up and went to Joe's parents for Thanksgiving and your parents for Christmas? What if you went to neither set of parents for the holiday but planned a longer and more private one-on-one visit with each set of parents very soon?

**The Inscribed Circle of Perspective-Step #5:
The Enchanted Perspective.**

For some people, just a quiet moment away from their Ego can connect with this perspective. For others, they need a cup of tea and a walk. It might take time on the porch with the cat or some quiet journal time. Maybe it's just a moment of prayer to all that you believe Spirit to be.

In this Enchanted Perspective, nothing mystical needs to happen. You just need a connection with your higher awareness, higher consciousness, Inner Being, Soul Self. The REAL YOU that just wants the highest good for all involved.

Example: I need time with my parents, and Joe needs time with his. It's about the time and connection, not the date on the calendar. I'll talk to Joe about options with the intention of the highest, weest and meaningful visit for both.

What About When You Are Arguing With Yourself?

©2025 enchantedperspectives.com

This tool can also works when YOU are arguing with YOU. We've all been in that place where we want one thing on one side and another on the other. You would use it the same way.

1. Define The Situation in as few words as possible.
2. Define what one part of you wants on the left.
3. Define what one other part of you wants on the right.
4. Imagine a wise and neutral third party. What would they say?
5. Connect with the highest part of your being. What does the REAL YOU say?

Here Is The Visual Of Our Example:

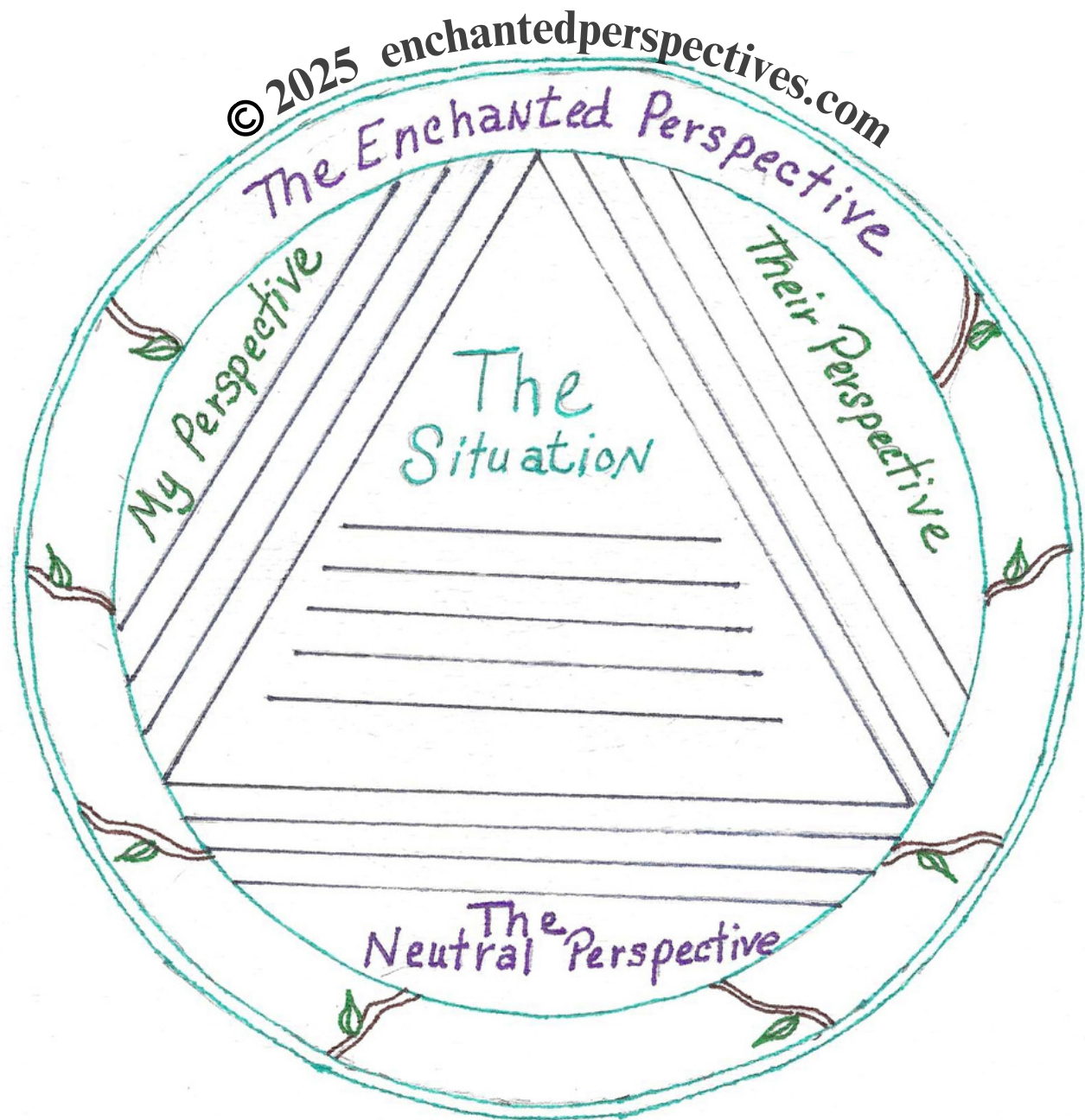
On the next page are 2 blank copies of The Inscribed Circle Of Perspective worksheet. Make several copies so that you always have them handy when you need to find your highest perspective.

The Inscribed Circle of Perspective

© 2025 enchantedperspectives.com



The Inscribed Circle of Perspective



The Inscribed Circle of Perspective

