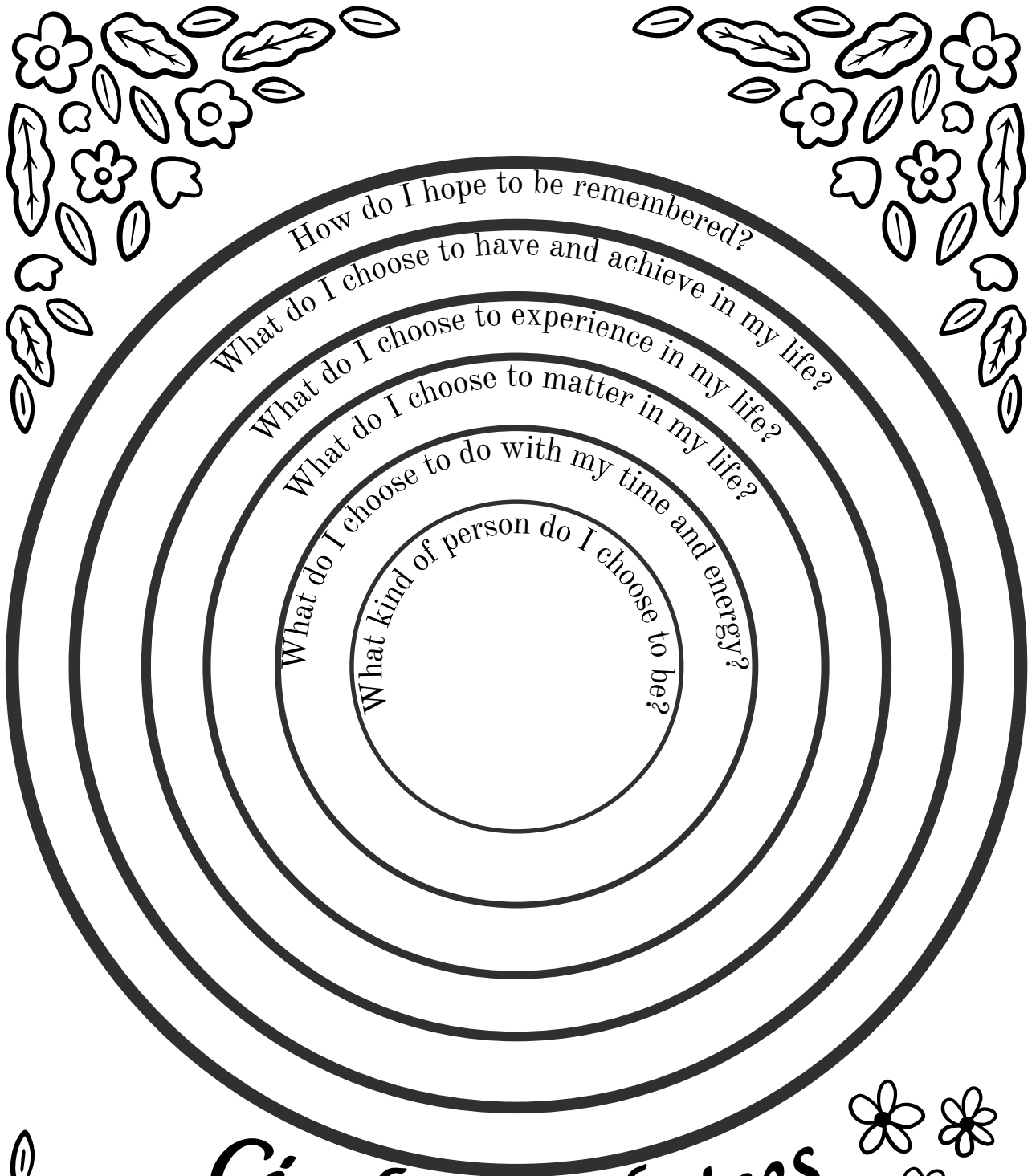
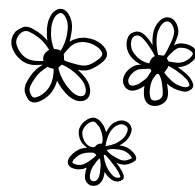




Circle Of Choices

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A Little Something To Know...

“What do you want?” That is such a rewarding question. We love it when someone is waiting for our answer, our order, our choice. We hold total belief that whoever is asking is going to come back with what we want. But what about when the only person we can pose that question to is ourselves?

When people get those essential life questions tangled up, it is usually because they have asked them in the wrong order. For example, they ask the question about what they want to do for a living before they question who they want to be as a person.

We’ve made this easier for you. On our circle of choices, start with the inside, center circle, and work your way out. In this order, the answers to one question will feed the answers to the next. Color anything in this little design that calls to you, and answer the questions in the blank space or on a separate piece of paper. Take your time. This question is from you to you, so no one is tapping their foot wishing you would hurry up with the menu already. So One....Two....Three....GO!

A Little Something To Journal About...

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Once you have your answers, create a journal page for each answer. Journal “Wouldn’t it be nice if.....and fill in the rest with what you would do, how life would feel if you did just what you wrote in your circle of choice. Don’t worry about how you would do it or how to make it work. Just write about what you would be like and what it would feel like to live this choice truly. Have fun with this and play with the imagining of it. Perhaps you’ve already begun the process, or maybe it’s just now stirring a bobble in your instincts and inspiration. Just play and imagine, “Wouldn’t it be nice if...”